

Networking Activity

1. Choose a subject for the team to reflect on.
2. Ask them to write down, or bullet, their reflections on a storyboard.
3. Give them a time limit to do so based on how complex the item is... I usually say 4-5 minutes. If it's really complex, I watch until I notice that most of the people in the room are slowing down or have stopped writing.
4. Explain that, "We do better together than we do apart."
5. Ask everyone to get a different colored pen than the one they used.
6. Ask them to stand up. Explain that this will be a standing only exercise.
7. Explain that the purpose or goal of the activity is to expand our thinking, our insights and our list of items. Tell people to, "Intend to increase your items and expand your thinking and write down new insights or ideas that you feel you're aligned with on your own sheet."
8. Give them two minutes. Say, "Begin".
9. At 2 minutes, ring a bell or say, "Time. Thank your partner. And switch. Find another partner".
10. After 3 rounds ask the participants, "How many of you expanded your thoughts by a minimum of 15 items?" (10 items/5 items)
11. Remind them that the goal is to expand their ideas or insights by a minimum of 15 (or 10) items and they have one more round to do that.
12. Give one more round and ask about their numbers again.
13. Debrief with a discussion on how important it is to get other people's insights. End with a full room share.

